

## **BOOKS AND COOKBOOKS**

### **November 2009**

Last chance for ordering the Gluten-Free Cookies cookbook by Jeanne Basye. We will be putting the order in. The book is \$19.95 with a \$5.00 shipping charge. The more books ordered, the less the ship charge will be.

A handy little book is The Ultimate Guide to Gluten-Free Living published by the Celiac Disease Center at Columbia University and available at [www.celiacdiseasecenter.org](http://www.celiacdiseasecenter.org). We do have one copy available in our lending library too.

### **October 2009**

There are some good cookbooks out there – even those not strictly gluten-free – that offer great ideas. The “Make-A-Mix” and “More Make-A-Mix” are a couple good examples of meals where you can prepare a large batch and then store or freeze the remainder for future use. Also “Once A Month Cooking” has a gluten-free section – it has menus, pantry lists, shopping lists.

### **May 2009**

Cooking Light magazine has family meals. Many of their recipes are basic and can be made easily gluten free and that everyone enjoys.

A recommended cookbook: Gluten Free Kitchen by Roben Ryberg.

### **November 2008**

There were a couple new books passed around at the meeting that are new to our group’s library: The Triumph Dining Essential Gluten Free Grocery Guide and the Ultimate Guide for Gluten Free Living put out by the Celiac Disease Center at Columbia University (this last one is small, pocket guide).