

## **Hospital Food**

### **November 2009**

Did you know that if you need to go into the hospital here in the Grand Rapids area, both Metro and Spectrum have gluten-free menus for patients?

### **May 2008**

We were fortunate to have two ladies from the dietary staff at Spectrum Hospital. They discussed and answered questions on how gluten-free meal requests are handled for patients at Spectrum - down to dedicated fryer and dedicated toaster for gluten free. Things are getting better for us now if we need to be hospitalized, as it appears at least Spectrum is getting more aware of our gluten-free needs.

In fact, there is even a gluten-free menu (!) for patients at Spectrum Butterworth and Spectrum Blodgett! Amazing! Did you know Coco Charlotte Bakery supplies some of the gluten-free food to the hospital?