

Just For Kids

October 2008

There is a product out there called "Girl Gourmet Cupcake Maker" which is a plastic cupcake decorator that comes with mixes that are listed as gluten free.

September 2008

Also, some of you may not know that there is a support group for children/young people. They are a very active group - lots of good things going on. They meet on the fourth Tuesday of every month, at 6:30 in the evening. It is held at Anchor Baptist Church, 1091 Three Mile Road, NW in Grand Rapids. If you would like more information, call 363-9425.

When traveling--for the young ones, bringing along a dry cereal helps - - some that are currently gluten free are Trix, Coco Pebbles, Fruity Pebbles and Rice Chex. (If you have looked at a package of Rice Chex lately, there is a statement on the box that it is gluten free!)